

Looking for a way to effectively help clients with trauma and self-limiting beliefs?

Become a ReAttach Therapist

Contact us to find out more >



What is ReAttach?

ReAttach is developed and pioneered by Drs. Paula Weerkamp as a multi-modal intervention to support patients in dealing with complex problems such as autism, trauma, and non-congenital brain damage.

Nowadays, ReAttach is used worldwide by a diversity of therapists for children and adults with central neurological problems, functional neurological disorders, oncological problems, psychosomatic complaints, (psycho) geriatric problems, language and speech disorders, and post-traumatic and acute stress complaints.

The power of ReAttach is that you do not have to talk about what you have experienced. ReAttach uses voice, thinking tasks, and light rhythmic touch on the hands. It ensures that you can retrieve, register, and (re) place the correct information. The exercises create new brain connections that provide different insights and replace old patterns. ReAttach provides relaxation, overview, and a new perspective for growth.





ReAttach helps professionals to support their clients to:

- Overcome developmental arrests in mental health problems
- Provides clinicians with a new technique that effectively helps clients with trauma and self-limiting beliefs
- Treat most emotional, psychological, developmental, behavioural and even physical challenges, optimize personal growth
- Become the best version of themselves
- Process information coherently with optimal mindset for learning
- Strengthen and enrich other therapeutic approaches including Non-Violent Resistance

Training Facilitator

Kerry Shoemith

- ReAttach trainer and practitioner.
- Working in specialist residential therapeutic childcare since 2001.
- Accredited NVR (New Authority) Practitioner, Supervisor and Trainer.
- Master qualification in Mental Health and Cognitive Behavioural Therapy (2013).

Current roles:

- Managing Director Cherry Lane Therapeutic Services, supporting, teams, families' adults and young people. Developing therapeutic provisions and homes.



An Overview of the Course:

The course will be held in an intimate group of no more than 8 people and participants will be able to gain experiential experience of the technique

DAY 1

Prepare before day one with theory module online. The first part of the Reattach Protocol and how to improve affective mentalization under multiple sensory processing conditions.

DAY 2

The second part of the ReAttach Protocol, Cognitive Bias Modification, proactive coping and activation of learning potential.

DAY 3

Consolidate the training and apply ReAttach as a systemic approach. Introduction in working with special groups. There is a small, but rapidly growing evidence base for it, the therapy is robust enough to be taught in a 3-day basic training, and young therapists demonstrated large effect sizes in a diverse population

Course Accreditation

- After the training you can register as an international therapist after you demonstrate (with client questionnaires – included in the fee), to get positive results in 5 clients (preferably friends and family members).
- Registration will be open to all professionals who are accredited members of a professional organization, including for instance occupational therapists or other practitioners whose work is regulated by the statutory or voluntary organization which employs them.
- Any participant in the training agrees that they will only practice ReAttach within the area of their professional competence.



The Benefits:



Accessible

ReAttach is a method in which your client does not have to talk, and it is not necessary to relive trauma or bad events



Short-term intervention

ReAttach is a remarkable, fast-acting, and proven method with an average of 5 treatments spread over three months.



Fast Results

Clients experience fewer complaints and less stress after just one treatment, which allows them to function better.



Transdiagnostic

ReAttach is used as a systemic intervention in children, adolescents, and adults with psychotrauma affect regulation disorders, attachment problems, psychosomatic complaints, and developmental disorders.



Personal Growth

It is an added value for anyone who wants to grow as a person by dealing with unpleasant thoughts, feelings, and experiences in the right way, and by focusing on what is essential.



The Missing Link

The 'missing link' ReAttach is a multimodal intervention used by both mental health professionals and paramedics and experienced as a 'missing link.'



What do people say?

Client Testimonials

'I am able to manage anxiety more effectively and would say if I am to feel anxious, it's very mild'

'I feel like I am able to regulate and can be more solution focused as I move through phases of ReAttach'

'I feel more attuned and more able to find calm and peace'

'I have opened myself up to this form of therapy as I am not a keen talker and actually really advocate for others like me to try this'



Therapist Testimonials

'When I learned about ReAttach, I immediately knew this is the 'missing link' in my work!'

'It is the most friendly, accessible, and effective method for achieving your treatment goals.'

'ReAttach is an effective and above all enriching treatment method that I recommend to all my colleagues!'



Interested?

With limited spaces, early booking is recommended

The course is open to:

Clinical Psychologists
Psychiatrists
Counsellors
Psychotherapists

Occupational Therapists
Coaches
Social workers
NVR practitioners



Price: £850 per person

Address: 13 Hyde Gardens Eastbourne, BN21 4PR
(near Eastbourne train station)

To find out more, or to register, please email:
kerry@cherrylanetherapeuticservices.co.uk

Sources & Further Reading

[ReAttach Academy Website](#)

[About ReAttach](#)

